

**DOLLAR
A DAY
FOUNDATION**

Changing the Odds
for Mental Health
and Addictions

2022
IMPACT REPORT



Contents

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Introduction

Dear Dollar-A-Dayers and Supporters,

As we reflect on the past year, we are filled with immense gratitude for the unwavering support and generosity from individuals, private and family foundations, and corporations who have joined us to make a profound difference in the lives of those living with mental health and addiction challenges. It is with great pleasure that we present our 2022 Impact Report, a testament to the incredible impact your contributions have made on thousands of lives.

The Dollar A Day Foundation was founded on a simple yet powerful idea - that each one of us has the power to change the world, one dollar at a time. Today, we are humbled to witness how this collective effort has blossomed into a force of compassion, hope, and transformation.

Together, we have accomplished much in the past year. Your belief in our vision has enabled us to support 41 frontline mental health and addictions programs across Canada with the funding required for them to focus on what they do best: serve people in need.

We firmly believe in transparency and accountability, and we are committed to ensuring that every dollar you contribute creates a lasting impact. The financials in this report provide a clear overview of how your donations have been utilized to drive meaningful change.

As we look ahead, we are energized by the possibilities that lie before us. The challenges may be significant, but our resolve is stronger than ever. With your continued support, we can further increase our reach to diverse mental health and addictions programs from coast to coast to coast.

On behalf of the entire Dollar A Day Foundation, we extend our heartfelt appreciation to every donor who has been a part of this incredible journey. Your belief in our cause inspires us daily and reaffirms our commitment to our mission.

Thank you for being a beacon of hope and a catalyst for change.

With profound gratitude,

Alan Doyle and Brendan Paddick
Co-Founders and Dollar-A-Dayers



Our Mission

The Dollar A Day Foundation has a simple mission: to ensure frontline mental health and addictions programs across Canada have the funding they need to stack the odds in favour of those facing mental health and addictions challenges, bringing hope to those in need.

Now is the time to rise to the occasion. Mental health issues are growing. Twenty percent of Canadians will experience a mental illness in any given year. One in two Canadians have – or have had – a mental illness by the time they reach 40, including 20% of children in adolescence. Many of these people will not have the supports they need to get on the road to recovery. That's why Dollar A Day exists: raising funds to close the gap between the availability of frontline mental health and addictions programs and this growing need.

We know that with proper supports, despair can be replaced by hope, dignity, and the opportunity to give back.

And we have been making that happen with a simple premise: we all give a dollar a day – no more, no less. When mental health and addictions are treated in a timely manner, the human and financial costs are far less, proving it to be an investment worth making.

By keeping our organization simple, lean, and efficient and looking to corporate partners to support a separate endowment to cover operating and administration costs, we are making sure more and more of your dollars go directly to the frontlines.

Our goal is simple. You give a dollar and every cent of it goes directly to help with Mental Health and Addictions. 100%.

Together we are ensuring frontline programs across Canada can support professionals in diagnosing and treating persons with mental health and addictions issues in a timely and respectful manner regardless of politics, religion, gender, race, or ability to pay.

The programs Dollar A Day funds are based, like the foundation itself, on a fundamental belief in the value of each and every person.

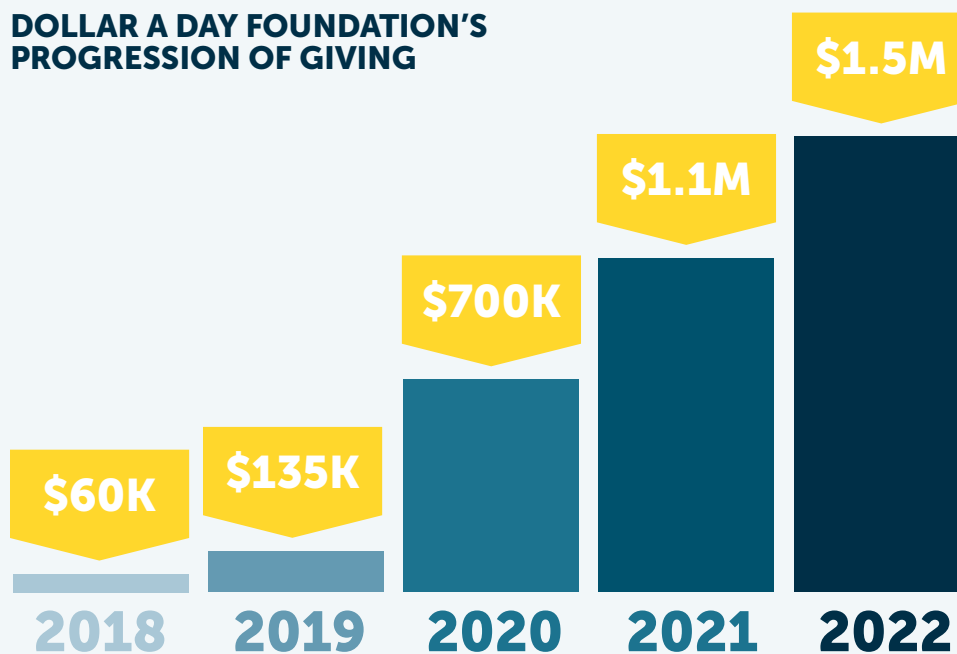
Thousands of people need help today, and effective programs and program partners exist. Dollar A Day is here to ensure those proven programs have the funding to help those in need.

Year in Review

As we look back, 2022 was nothing short of extraordinary, filled with so many stories of positive change made possible by your support. Join us in celebrating a year of profound difference-making, where each dollar has been a catalyst for meaningful change.



DOLLAR A DAY FOUNDATION'S PROGRESSION OF GIVING



*41 organizations served in 2022, with a total of 90 served since 2018.

Year in Review

THE IMPACT OF \$365

What is the value of a dollar a day? One year of individual support has a tangible, direct impact on the clients of our partner organizations:

\$365
PROVIDES...



1 day of intensive treatment for a veteran or first responder with PTSD

Landing Strong



3 youth mental health workshops

Langs Youth Wellness

10 hours of one-to-one support for a youth experiencing mental illness and 10 hours of respite for their caregiver

SaskAbilities



1 woman to participate in one week of an online treatment program

Alcove Addiction Recovery for Women



150 client meals, personal care items for 3 months, or 38 bus passes to access services

Thrive CYN



You become part of something extraordinary when you become a Dollar-A-Dayer. Each day, your dollar creates a ripple effect of change. Together, our community is making an impact that's truly remarkable for our partner organizations and the clients they serve. Join us in making change, one dollar at a time.

CHANGE MAKERS — AWARD —

CHANGE MAKERS 2022

From mid-August to mid-September, Canadians had an opportunity to nominate innovative and impactful programs that were affecting change on the frontlines of mental health and addictions care across Canada. Twelve provincial and territorial winners received \$5,000 each and one national winner received \$50,000. That's \$110,000 in funding donated to 13 partners!

The 2022 Change Makers are:



Year in Review



Year in Review

ROGERS ALL IN FOR EQUITY

The Rogers Sports & Media All IN for Equity partnership was a real game changer for the Dollar A Day Foundation. Our Foundation was one of eight Canadian charities and small businesses selected to be a Rogers Sports & Media All IN partner in 2022. Through this collaboration, Dollar A Day Foundation received a tailored campaign, which aired nationally across Rogers Sports & Media's suite of media assets. The Foundation was fortunate to be gifted the incredible opportunity to use Rogers' media megaphone to grow our community nationally, while raising awareness and lowering the stigma around mental health and addictions issues.



A special thank you to the Northpine Foundation for sponsoring the creation of our campaign.

Financials

TOTAL REVENUES & SUPPORT

\$2,074,334

22.3% INDIVIDUALS

31.7% CORPORATE

46.0% PRIVATE/FAMILY
FOUNDATIONS



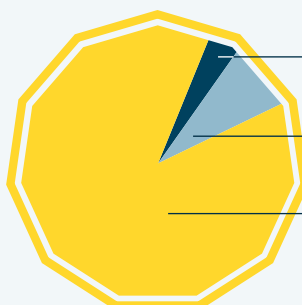
TOTAL EXPENSES

\$1,989,204

3.4% MANAGEMENT
& GENERAL

8.2% FUNDRAISING

88.4% GRANTS/
PROGRAM
DELIVERY



ASSETS

2022

2021

CASH	561,328	323,533
INVESTMENT	100,000	100,000
ACCOUNTS RECEIVABLE	3,300	165,626
HST RECEIVABLE	34,276	9,854
TOTAL ASSETS	698,904	599,013
TANGIBLE CAPITAL ASSETS, NET		211

698,904

599,224

LIABILITIES AND NET ASSETS

ACCOUNTS PAYABLE AND ACCRUED LIABILITIES	59,482	44,932
TOTAL LIABILITIES	59,482	44,932
TOTAL NET ASSETS	639,422	554,292
	698,904	599,224

Audit conducted by Ernst & Young

Donors

DOLLAR A DAY DONORS MAKE A DIFFERENCE

Without all our generous donors from coast to coast to coast, the Dollar A Day Foundation wouldn't be able to help our mental health and addictions partners do the life-changing work they do every day.

We're deeply thankful for each contribution, whether it be \$5 or \$100K+, because every single dollar counts and makes a real difference in lives every day. Thank you to everyone on this list!

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